



Yeo Valley  
organic

May 2009  
**Seasonal**  
NEWS

Blueberry yogurt

Competition

Delicious recipes

New children's  
range

Farm life

Dear %f\_name%,

As the weather warms up, Yeo Valley is currently buzzing with activity. Our cows (pictured above) have ventured back outside into the beautiful countryside to feed on the luscious grass. We are also putting plans into place for this year's Glastonbury Festival as for the third year we are the Official Recycling Partners - let's hope this good weather continues!

## Blueberry Brilliance!

The humble blueberry may not look much, but these little fruits have been dubbed modern day 'superberries'. Currently undergoing resurgence in popularity with health conscious shoppers, blueberries are so popular that hundreds of our consumers requested we create a blueberry variety of our award winning yogurt. And so we did... packed with all the benefits of blueberries and organic milk, and containing just 0.1% fat, we created our very own super **Blueberry Fat Free Yogurt** in a 450g pot. Plus, for whole milk yogurt fans, we have included a blueberry flavour in our **Very Berry 4-pack** – brilliant.



Containing vitamins A and C and rich in both fibre and calcium these delightful little berries reportedly contain more anti-oxidants than most other fruits and vegetables. They are a great dessert ingredient so why not try our Blueberry Jelly Layer recipe as just one delicious suggestion. [Click here for recipe.](#)

**GLASTONBURY  
TICKETS**  
4 PAIRS TO BE WON

To enter click here >>

**COMING SOON!**

new 6-pack >>

**FARMlife**

Find out more about our cows going out to pasture >>



**A breath of fresh air  
from the country**